

The Use of Expressions of Self Interjection and its Meaning on Social Media

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ABSTRACT

This article will describe various kinds of expressions of teenagers on social media such as Facebook, Instagram, Whatsapp, and others. The method used in this research is a descriptive method with a qualitative approach. The results of the study show that the majority of teenagers in Purwakarta use social media to share experiences through uploaded photos and statuses. Uploading self-expression through social media is carried out every day with high intensity. The expressions used generally function to express surprise or shock, pleasure, anger, sadness, and so on. The most used social media is Facebook. Adolescents' motivation in expressing themselves is due to the desire to express feelings and display personal photos as entertainment and to get responses from others. Their satisfaction is a source of pride in themselves. This satisfaction is generally influenced by the mood of teenagers who usually change. Self-expression for adolescents can also be interpreted as a place for self-existence driven by the desire to be known by many people (viral).

Keywords: expression; interjection; social media

ABSTRAK

Artikel ini akan memaparkan berbagai macam ekspresi para remaja di media sosial seperti Facebook, Instagram, Whatsapp, dan yang lainnya. Metode yang digunakan dalam penelitian ini adalah metode deskriptif dengan pendekatan kualitatif. Hasil penelitian menunjukkan bahwa mayoritas remaja di Purwakarta menggunakan media sosial untuk berbagi pengalaman melalui foto dan status yang diunggah. Pengunggahan ekspresi diri melalui media sosial dilakukan setiap hari dengan intensitas yang tinggi. Ungkapan yang digunakan pada umumnya berfungsi untuk mengungkapkan rasa kaget atau keterkejutan, rasa senang, rasa marah, rasa sedih, dan sebagainya. Media sosial yang paling sering digunakan adalah facebook. Motivasi remaja dalam mengeskpresikan diri karena adanya keinginan untuk mencurahkan perasaan dan menampilkan foto-foto pribadi sebagai hiburan dan agar mendapatkan respon dari orang lain. Kepuasan mereka menjadi kebanggaan terhadap dirinya sendiri. Kepuasan tersebut umumnya dipengaruhi oleh suasana hati remaja yang biasa berubah-ubah. Ekspresi diri bagi remaja bisa dimaknai pula sebagai ajang untuk eksistensi diri didorong oleh keinginan untuk dikenal banyak orang (viral).

Kata kunci: ekspresi; interjeksi; media sosial.

INTRODUCTION

Millennial era as it is now technological advances, especially in information technology developing very rapidly, information technology can be called cyberspace or the internet. The

majority of internet users are teenagers aged 12-20 years of total internet users in Indonesia 49% (Pranata). Its development is also increasing and giving rise to various kinds of social networking sites (Yuniar). (Paramitha) revealed during adolescence, such as emotional increases that occurred quickly known as the Storm & Stress period, where emotional turmoil is still unstable. In this case (Diina) explains the status update features on Facebook social networking sites can help adolescents in overcoming the obstacles found in the stages of adolescent development at this time, such as emotional changes, so that many teenagers reveal what is being felt through the status update or who on social media Instagram upload status can be in the form of photos and videos, especially the Instagram Stories feature that can be given writings (Reza). (Putri) revealed that teenagers who already have social media will usually post about their daily activities, curhatan, and photographs with their friends.

In a study (Choi) revealed that Facebook status updates have the aim to express themselves. Other research also 3 revealed (Swing) Teenagers try to make a positive image of themselves through their social media. Teenagers also like to display their smart identity, look happy, and the activities they like. In accordance with the period of development, adolescents are a stage of learning to adjust to their social environment, self disclosure owned by adolescents, will help adolescents in achieving academic success and adjustment because they can understand the characteristics of themselves (Gainau). In a person's life there is no day without expressing themselves or at least someone will express themselves or share information with others at least once a day (Choi). Regarding the description above, researchers conducted an initial survey of 10 junior high school teenagers in Purwakarta to understand this phenomenon. All informants in this initial survey said that currently many teenagers use social media, even the social media they have more than one such as Facebook and Instagram. When opening social media many activities they do to present themselves, such as uploading photos, making status or just looking at the contents of Instagram or Facebook. Based on the background of the problem described, the purpose of this study was to find out the form of self-expression through social media and its meaning in adolescents in Purwakarta Regency.

Meanwhile, according to Kridalaksana said that interjection is the words used to express the emotions of speakers using relevant intonation (Nita). Every use of language, humans can always arrange words for word to form sentences. In a sentence that is formed must have meaning, so that communication can be well established. According to Djajasudarma in (Soelistyowati and Diah), interjection tends to have a lexical meaning related to feelings and is a reflection of the expression of taste that is actually experienced by the speaker. Communication is usually a good conversation on social media, books, comics, films, or dramas to express feelings for the other person to talk about the use of exciting words. The word exciting in spoken and writing is very different. In exciting words writing is often added with exciting signs, whereas spoken language of exciting words is often spoken with high intonation to emphasize more on the word spoken. Based on the background of the problem described, the purpose of this study is to find out how the forms of self-expression through social media and the meaning contained in it used by teenagers who live in Purwakarta Regency in particular.

METHOD

The method or approach used in this study is a qualitative approach. The method used in this study is a qualitative research method of descriptive phenomenology. The technique used to choose the informant of this research is purposeful sampling (Creswell). Data collection techniques in this study are by means of interviews, documentation, and audiovisual materials. While the validity in this study uses a checking member strategy to find out how far the data

obtained is in accordance with what is given by the data provider (Sugiyono; Sugiyono). The main informant criteria in this study are teenagers who live in Purwakarta Regency, namely teenagers who are in the age range of 12-16 years who use social media in their daily lives. The reason researchers used descriptive qualitative methods, because they were considered relevant to the research that would be conducted in this study, which was descriptive qualitative, because the problem solving procedure was to describe the state of research objects based on existing facts. Data sources are teenagers who live in Purwakarta Regency. The number of informants in this study was 30 people from Purwakarta consisting of women and men as the main informants, differentiated by age, work, social media addresses. The informant data are as follows; Ningrum Darmawati, Sherly, Gita Lestari, Fanny Wede, Wiwiedha P, Endah Purwandari, Atalia, Yulianty S, Wida Yanti, Aksalila, Ndahh, Putie Okmazza, Putie Okmazza, Ariesa Juliawati, Dyan Kardiani, Yeni Fita, Rininta Prameswari, Ajeng Rya, Morning dew, and Ela Nurlaela. The average respondent found female and aged from 17-50 years old, various respondents' work included as housewives, traders, private working, civil servants, students, and others.

RESULTS AND DISCUSSION

The results of interviews and documentation of 30 informants, both male and female informants. In this study presented as follows: The results of interviews on how the forms of their self-expression are poured through social media. Based on interviews of teenagers in Purwakarta began to have social media since grade 5-6 elementary school, all informants made social media accounts motivated by friends who already had social media accounts. The majority of informants have more than one social media account, including; Facebook, WhatsApp, Tiktok, and Instagram. All informants open social media every day with the frequency of opening $\pm 5 - \pm 25$ times a day, in one opening social media the informant requires time with $\pm 5 - \pm 60$ minutes. Social media that are often opened by the majority of informants are Tiktok, Facebook, and WhatsApp. The informant usually opens social media from the time of school to the night before study time. Activities that are often carried out by the majority of informants are opening homepage, commenting, making status or video, and uploading photos. Uploading the status, photo or video of selfi is one of the ways used by informants to express themselves. The informant used to upload the status, Selfi's photo after school still wearing a school uniform was in a place to eat, or was playing with friends. The frequency of uploading status, photos or videos made by the majority of informants is 2-3 times in one. Based on the observations of the researcher, informants feel calm, happy, satisfied, and proud of themselves after expressing self-expression by uploading status, photos or videos on social media, especially if the upload of status, photos/videos uploaded by the informant gets many responses and comments Both from others, and vice versa the informant will feel sad when a little response, and response from others. Through social media the majority of informants interpret self-expression as a means of existence.

A research data conducted by Nytimes that as many as 81% of the reasons for people to share their personal stories on social media because they have to interact socially and spread their opinions so that they are listened to by the public and then they get a response in the form of comments (Sreenivasan). It is believed that when someone confides on social media they want a quick response from many people who read it, different from when confide in face to face with other people who are not necessarily interested in responding to it. Third, the need to be known, admired and praised and recognized the social status of many people who can meet human needs for their pride. Someone will feel proud of himself when he feels that he has done something "significant" on the social media platform he uses. The results of the screenshot documentation Based on the results of the documentation carried out, the researcher draws the

conclusion that people in Purwakarta as social media users can express emotions by posting status, photos or videos that can be given caption in accordance with their wishes. Individuals interact with their friends through the signs of likes, love, and comments. When an individual gets a slight love or like and comment is a form of interaction carried out in social media. Too often using social media it will increase emotional instability in adolescents, because adolescents will often feel anxious or change their mood when getting negative comments.

1. The use of expressions of happy expressions

Following are statements stating happy expressions;

- (1) Again comfortable by coming home from work, bathing, eating, scrolling tiktok, sleeping, the next day work again.
- (2) Healthy sports and entertainment, champions are bonuses.
- (3) Maa Sya Allah Tabarakaloh, who has joined thanks Yoo, and thanks for the enthusiasm and belief of love
- (4) Alhamdulillah, after not meeting for a long time, I was finally able to gather
- (5) Alhamdulillah, meet people with positive vibrations, create a positive effect on me
- (6) Alhamdulillah, add knowledge, a happy and happy heart. Forgetting for a moment homework that is not right
- (7) Thank you, Mrs. Deti for the maximum banquet. Jazakallah
- (8) Alhamdulillah, soon we will have a noble guest, the holy month of Ramadan
- (9) Thank you, Allah for the fortune that you gave today.

Data (1) used to show the expression of the post is happy, a sign that using the emotions of smiles and flowering and the meaning contained in it is to be enjoying life. While data (2) is used to show the expression of post is happy, grateful accompanied by the emotive hands of grateful, and the meaning contained in it is to welcome victory happily. Different things appear in data (3) used to show the expression of the post is happy, confidence, grateful accompanied by the emotics of smiles and gratitude and meaning contained in it feel grateful for those who have obtained), data (4) is used to show the expression of the post was happy, accompanied by emotional flowering and smiles and meanings contained in it felt grateful to be grateful to stay in touch, data (5) used to show the expression of the post is happy and enthusiastic accompanied by the emotional smile and passionate hands and the meaning contained in it is grateful to be surrounded by positive people, data (6) is used to show the expression of the post is happy accompanied by the emotive of flowering eyes and the meaning contained in it is grateful to increase knowledge and add self-insight, while data (7) is used to show expression of the expression of the post is happy with the emotics of the hands of grateful and the meaning contained therein than thank you, data (8) used to show expression of the post is happy with the emotics of flowering eyes and the meaning contained in it is very enthusiastic and grateful, and different things appear in data (9) expression of the expression of the post is happy with the emotics of the hands of grateful and the meaning contained in it thank God.

Based on the data that has been obtained in the field, uploads/people's posts in the Purwakarta area, especially in uploading status posts that express happiness, many have a positive impact on other social media readers, the upload impacts include posts in the form of sharing or sharing world knowledge and useful heresy. Sharing or sharing experiences about life both work and others. Grateful for the circumstances that have been achieved, thanks to someone who has been meritorious, and give input and opinions to people in the language of courtesy.

2. The use of expressions of fear/sarcastic expressions

The following are statements stating fear/sarcastic expressions;

- (10) There is nothing beautiful here
- (11) Do not be too absorbed in the world itself without paying attention to families in need
- (12) I think the adult encouragement is a partner that the money
- (13) Monitor ma'am, here join so that the mates are smoother
- (14) No matter how high the knowledge you have, if your attitude hurts others, there is no point
- (15) Beautiful is relative, the filter is an alternative
- (16) No need to be narcissistic if it's not homemade
- (17) If your chat is not dibales, don't chat anymore, not polite, just be self-conscious
- (18) Very arrogant, rarely smile. Yes, I have to grin and keep on the statue of Dufan

Based on the data above the analysis is as, data (10) used to show the expression of the post is not enthusiastic and the meaning contained in it is not passionate about the situation, While data (11) is used to show the expression of these posts are do not be selfish and the meaning contained in it selfish forgotten the existence of the family, data (12) used to show the expression of the post is not in accordance with the expectations and meanings contained therein is not like what is expected, data (13) the expression of the expression of the post is to want to know the business of others and the meaning contained in it always wants to know the business of others, data (14) is used to show the expression of the post is do not be arrogant and the meaning contained in it is not useful to have high knowledge if it harms and hurts others, data (15) used to show the expression of the post is a trick and meaning contained in it lies and choices, data (16) used to show the expression of the post is not too confident and the meaning contained in it do not be arrogant if not your own work, data (17) used to show the expression of the post is self-know and the meaning contained in it learn to accept and self-aware, and different things appear in data (18) used to show the expression of the post is upset and the meaning contained in it smiles by looking at the situation and circumstances.

Information; Based on the results of the observation of the social media field allows users to feel negative emotions, more frustration, and jealousy is one of the main causes. These things are triggered by the tendency to compare their lives with the lives of others, the average main cause is the photo media and upload status comments. The feeling of jealousy that sometimes often causes the vortex of jealousy on social media, people act with envy and add similar content that makes others jealous and ultimately insinuate each other in status or comments. As for uploads that triggers the occurrence of jealousy, satire insinuating usually uploads about expensive items, traveling on vacation, family happiness, and success at work. But not all uploads have a bad impact, on the other hand the hope is to make other social media users feel challenged to work and try even harder.

3. The use of expressions of sad expressions

The following are statements of sad expressions;

- (19) The departure of Eril made us understand, that the most painful longing is to miss someone who has been gone
- (20) After fighting the pain, and trying to accept everything
- (21) It turns out that the same date the same month is also sick and treated, the spirit of recovery is sis

- (22) while in an uninterles situation of anything, I don't expect anything and from anyone that I am now
- (23) Disappointment teaches us that life is dynamic easily changed and moved, so hopefully naturally
- (24) It is very painful that this heart is always given a trial
- (25) As good as whatever a person's life

Data (19) used to show the expression of the expression of the post is sad, longing and meaning contained in it sad, data (20) used to show the expression of the post is sad, surrender and the meaning contained in it trying to accept destiny, data (21) is used to show the expression of the post is sad, hope and meaning contained in it hope for someone to recover, data (22) used to show the expression of the post is sad, surrender and the meaning contained in it is in the stages of boredom in carrying out daily life, data (23) used to show the expression of the post is sad, disappointed and the meaning contained in it do not expect too much to others, data (24) is used to show the post is sad, resigned, accepting the reality that is not in accordance with the expectations and meanings contained in it has not been strong enough to accept trials), data (25) is used to show the expression of the post are sad, disappointed and the meaning contained in it is imperfect life.

Information; Based on the table above, the author will explain and describe what is in the emotions of anger and sadness written by people both men or women through status uploads on social media, especially Facebook. Data Source Table is the status of Facebook sadness totaling seven respondents taken randomly/randomly. Based on the results of the survey it is concluded that a good or bad mood also spreads between people on social media, because those who judge the emotional content of a person/ upload status on social media are all people in this world who use social media. A study published in the Journal of Computers and Human Behavior found that people who use seven or more types of social media can suffer three or more symptoms of anxiety/sadness compared to those who only use 0-2 social media.

4. The use of expressions of anger expressions

The following are statements of anger expressions;

- (26) Rich who is never wrong. On the sky there is still a sky, the wheel is spinning!
- (27) Far for people who make rungsing, not important and there is no use
- (28) Before insulting people, a lot of *ngaca*, funny you
- (29) You know, to be honest I hate the concept
- (30) Wait for my economy to recover, I will tell you how painful it is to be underestimated when I don't have money
- (31) Conscious, if I'm badmood, my talk will hurt
- (32) Do not demean someone in any aspect.

Data (26) is used to show the expression of the post is angry, marked by the exclamation mark of the meaning contained therein that all the things we have in this world will not be eternal. Being arrogant with the wealth that is owned at this time there is no point. Being simple is the key to happiness eternal, data (27) used to show the expression of the post is that anger is marked by the angry emotions of the meaning contained in it linguistic expression on the data expressing anger/ annoyance to someone who makes annoyance, data (28) used to show the expression of the post are angry, hurt and insinuate the meaning contained in it expressions that express someone's anger by using sentences or satire that are a little polite, but impressed sharp, data (29) used to show the expression of the post is anger not accepting the decision of the meaning contained in it linguistic expression in the example above expressing anger/ annoyance towards the decisions that have been made, while data (30) used to show the

expression of the post is angry, feeling lubble/underestimated and marked with an angry emotive/ghost meaning contained in it is the language expression in the data example in addition to expressing anger/annoyance feeling underestimated by someone, and data (31) used to show the expression of the post is anger upset with others the meaning contained in it feels that if you're angry it will definitely turn to hurt, data (32) used to show the expression of the post is anger feeling underestimated the meaning contained in it expresses anger and feel insulted.

Information; Based on research in the field shows that people use social media to vent everything both work, association, romance, life problems, and others. In addition, it is indicated that there is a connection between anger and the use of social media, there are symptoms of depression, such as low moods and meaningless feelings, without hope, related to the quality of online interaction. Most of the citizens dared to make comments as good as days because they felt they were not directly dealing with the figure who was commented on and did not think long. Anger is one of the most powerful emotions if we consider a deep impact on social relations and their influence on people experiencing this emotions (Lazarus). Based on the cluster analysis of 135 emotions, frustration, anger, anger, anger, wrath, hostility, hatred, insulting, revenge, dislike, hate, disgust, disgusted, jealousy and jealousy are branches of emotions of anger. Researchers found higher symptoms of depression. But the disadvantage is that the uploads often resemble stress or problems and lead to an overflow of anger on social media, their estimates including cyber harassment, have a distorted view of the lives of others. In this case the data shows more problems and often vent their anger on social media is women than men. Adolescence is a period of refinement of previous stages (Sarwono, 2001). At this time humans experience changes in sexual signs and psychological development from childhood to adulthood. In this modern era, they began to find things that they had never previously met and experienced. With the emotional turmoil of teenagers who tend to be passionate, they like to show and express themselves in various ways, including writing what they feel or their emotions into social media. They wrote many things through social media that show their emotions, especially anger and sadness. Through this chapter, the author will explain and describe what is in the emotions of anger and sadness written by teenage boys and girls through Facebook status. Data are the status of Facebook Emotional Anger and Emotions of Sadness of Teenagers in Purwakarta Regency as many as 30 men and women.

Based on the presentation above the activities that are often carried out by the majority of adolescents when using social media by sharing experiences through the status and photos uploaded by informants, this shows part of the self-expression which is the experience of the informants. Many self-expression is done through uploading selfi photos. Selfi photos that are given the status according to his feelings at that time that was uploaded was done after school while wearing a school uniform, was in a place to eat or was together with his friends. The results of observations made by researchers support all informants to express themselves through selfies that are given status. Self Expression is a form of self-expression to others, usually can be in the form of thoughts, feelings and experiences (Leung, 2002) (Masturah, 2013) There are 4 scope of information delivered by someone to others, one of which is personal information Regarding himself, such as the current state of his feelings, psychological, his health, the frequency of uploading majority photos was carried out 2-3 times a day. The majority of informants when expressing themselves sometimes using the resentment cameras they resent. In line with the results of documentation showing, all informants express themselves every day, with the intensity of self-expression upload as much as $\pm 1 - \pm 4$ times a day.

CLOSING

Through this research it can be concluded that the people in the Purwakarta Regency in expressing their emotions, both happy emotions, sadness, insinuations, or anger, are in the same way. Research on upload status on social media, especially Facebook, there are many data on informants in Purwakarta, both adolescents, adults, and parents. The respondent's data proves that in showing emotional expression of happiness, curiosity, anger and sadness, men and women use the same way. Both men and women both use words that are happy, insinuating, sad and rude to express their anger, through uploading social media status, without being influenced by gender stereotypes that develop in society. Through this research it can also be seen that women do tend to spend a lot of talking/uploading status on social media compared to men. During data collection, status uploads in the form of expression are more written by women than men both adolescents and adults. Another thing that can also be seen from this research is, women are more varied in using words to express every expression of happy, sad, satire, and angry. In almost every classification of disclosure of angry emotional expressions, sadness, or happy women are more dominant in writing Facebook status and using rough words. So it can be concluded that in this study proves that women in Purwakarta Regency are indeed speaking more when compared to men. The number of uploading status uploads when taking data on social media Facebook is dominated by women with various kinds of expressions written.

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